

**Saturday January 28<sup>th</sup>.**

**Round 11**

**Ringwood**

Probably the hottest competition day for a couple of seasons, together with a holiday weekend and some Little Aths Champs saw our numbers down a little over previous days.

Our **40+ men** have a real fight on their hands to make the final and will need a full complement on the final Saturday to ensure a chance to defend their title won last season.

The **under 14 and 16 boys** will both finish top of the ladder and progress to the Shield final with much anticipation. The 14s are a very keen bunch but with only six members, they certainly have the job in front of them. Having won the title in the previous two seasons they are most eager to repeat the effort. On the other hand, the 16s have the numbers and a very good chance of going all the way!

Our others sure of making the finals are the two **40+ women's** teams. The ladies have had a great season and have gelled in great style. Both teams will represent our region in the Shield final and will give the title a real shake.

The performance of our senior teams has been disappointing. When our athletes have turned up we have proven to be quite competitive, but unfortunately too often there have been far too many holes in the team sheets. This has been very disappointing, not only for the committee, but particularly for those athletes who have made the effort to be on the job!

One of the best performances this week was the 9:13 run by **Jai Edmonds** in the 3k. Jai coped very well with the heat to win the U/18 division. **Norval Hope** put in another couple of good performances in the 800m and 3k for the 40+ team. The addition of Norval to **Paul Skipper** and **Andrew Evans** gives us a very solid 800mts squad at the moment.

**Josephine Laufer** showed that some of Mum's talent may have soaked through with a much improved time in the walk. Well done Jo – the future looks all right!

**Pier Akec** had a good triple jump and shot put to gain more points for the under 18s. It's a shame that he hasn't been available until after the break. **Adam Garganis** and **Troy Kameme** again did their Iron Man act doing everything in their power to ensure good results for the Club.

**Luke Garganis** made his walking debut for the U/14s to give us a second walker for the final. The points will be valuable!

The 40+ women again turned up in force and in spite of the temperature all performed above and beyond to ensure the top of the ladder positions. **Karen Carah** claimed another two Club Records for the age group, shot put and hammer, while **Theresa Barnes** knocked 14 secs off her 50-54 800mts record set before Christmas. **Sofie Fabre** led our big contingent in the 800 and later in the day joined **Alison Chapman** in the 3k.

It is fair to say that the finishing line was a very welcome sight in very trying conditions.

**Lachie White** put in a blinder in the U/14 200mts, running a big PB. Newcomer **Ian Twist** ran well in the U/16 800 and joined **Harrison Jarvie**, **Adam Garganis** and **Jacob Barnes** to be second across the line in the 4x4.

**Officials:** Again our band of officials performed admirably on the day. These people are often out in the sun for the whole day making sure the program runs smoothly for us athletes. We can sneak off and have a rest in the shade at the end of the race but the officials are out there for the next race and the next race and on it goes. Kevin Wigmore, Judy Mason, Diana Barnett, Ian Fisher, Wendy Finerty and Brian Moore all did their bit.

Collingwood was on hurdle duty and a number of members helped out at different times. Clare Garganis was very prominent, shifting and adjusting the obstacles – thanks to everyone concerned.

## Results:

### Women:

Div 1 5<sup>th</sup>.  
Div 2 -  
40+ 1<sup>st</sup>. & 2<sup>nd</sup>.  
U/18 5<sup>th</sup>.  
U/16 3<sup>rd</sup>.  
U/14 5<sup>th</sup>.

### Men:

Div 1 5<sup>th</sup>.  
Div 2 -  
40+ 3<sup>rd</sup>. & 6<sup>th</sup>.  
U/18 8<sup>th</sup>.  
U/16 1<sup>st</sup>. & 8<sup>th</sup>.  
U/14 1<sup>st</sup>. & 4<sup>th</sup>.

## Ladders:

### Women:

Div 1 5<sup>th</sup>.  
Div 2 11<sup>th</sup>.  
40+ 1<sup>st</sup>. & 2<sup>nd</sup>.  
U/18 5<sup>th</sup>.  
U/16 3<sup>rd</sup>. & 8<sup>th</sup>.  
U/14 4<sup>th</sup>.

### Men:

Div 1 4<sup>th</sup>.  
Div 2 8<sup>th</sup>.  
40+ =1<sup>st</sup>. & 6<sup>th</sup>.  
U/18 6<sup>th</sup>.  
U/16 1<sup>st</sup>. & 7<sup>th</sup>.  
U/14 1<sup>st</sup>. & 4<sup>th</sup>.