

Saturday December 3rd.

Round 7

Doncaster

Another almost perfect day for athletics! Warm and no wind to speak of made for good conditions for all the athletes. Collingwood had some great results, although our Division 1 Women's team is really struggling at the moment. On the other hand our Men's team had its best result for the season, with a convincing 80 point win. What made this performance even more meritorious was the fact that we only had one 5k runner on the day. After such a successful winter season it is disappointing that we have had very few of the distance crew having a run on the track. There is no doubt that had we had some regular runners over the past weeks Collingwood could be sitting pretty for a place in the final. While still a slim possibility we may have left our run a little late.

A couple of our latest recruits were again standouts for the black and white. **Josh Ross** was the fastest 200m runner on the day and he has again broken a 30-34 Club record, cutting .9sec off **Grant Sargent's** mark that had stood since 1986. **Karen Carah** showed that last week's effort were not a flash in the pan with another three individual records (200m, HJ, TJ) in the 40-44 age group as well as a share of the 4 x 400m relay record combining with **Michelle Laufer, Kim White** and **Clare Garganis** to set a new mark. This is the third new record in this event this season with a number of different runners sharing the spoils. Indeed Clare is the only runner to be a member of all three teams.

The only under age record on the day was the U/14 boys 4x 400 where the quartet of **Slater/Leyden/White/White** again lowered their own record. This team is well clear on top of the ladder, but with only six members in the team so far, it may be a real struggle to make it three Shields in a row. We have the talent, but whether the boys can do all the events in a final will be the problem.

Troy Kameme again did a sterling job in completing 10 events in his effort to make sure that Divvy 1 hung on for the win. He had done the hammer, shot, 200, 800, 400 sticks, high jump, pole vault, triple and the 400 relay when he realized that we didn't have a starter in the 5k. Soon we had one starter and Troy's effort certainly helped ensure the victory. Many other athletes do multiple events, but very few do it as consistently as Troy and he racks up huge numbers each season.

Mason Barnes ran 1:58.3 in the 800 and looked set to run a couple of secs quicker but just made a small mistake on his way to the line which cost him a bit of momentum.

Our junior girls produced some terrific performances. **Josephine Laufer** showed that she may possess some of mum's walking ability with a very promising effort in the U/14 1500 trundle. Together with our regular **Adele Boylen**, the girls filled the first two places in the age group.

Eleanor Boylen produced two PBs, one in the 200 and a big toss in the shot put. **Clare Garganis** proved that anything her kids can do, she can do as well with a couple of PBs of her own.

The Cobern crew from Kinglake West had a real day out. Daniel had his best HJ of the season and is again sneaking up on the big 2m. Just 1.95 today, but it's coming folks. U/18 **Karly** knocked a lot of seconds off her 800m best, while U/14 **Shannan** recorded bests in the 200 and HJ. Both girls then put in sterling runs in their respective 400 relay legs with Shannan picking up a lot of distance for her team.

Lachlan Derby is now showing the benefit of a little more training with improved performances across the board. Keep it up Lach – you might just surprise yourself one day!! While talking Derbies, dad **Shane** is another of the aforementioned iron men who put their body on the line for the Club every week. He only did eight events this week – not bad for a 50 year old! U/18 **Eloise** looks like being of the same ilk – does what she can for the team too.

Another *Magpie* making his first appearance for the season was **Jack Swift** in the 200m. Jack is by far our fastest one legged athlete, in fact he is one of Australia's fastest one legged athletes and we are very glad to have him on board. For those who haven't seen Jack in action he does have an artificial leg to help him!! He doesn't hop down the track. This week Jack was our third fastest runner over the metric furlong. Great work!

One of the most impressive runs of the day was U/18 runner **Chris Milne** who filled a spot, at short notice, in the Divvy 1 400 relay. Chris made up 30 metres on the leading Box Hill runner and although tiring a little at the finish of his third leg, ensured us of a second place overall. **Tim Holmes, Mitch McWhinney** and **Troy Kameme** were his compatriots in this effort.

Andre Chambers is really starting to show out now that then results of his foot surgery are paying dividends. A strong finish in his heat of the 800 was very impressive.

Anthony Neale (U/14) broke the 11 minute barrier in his walk for the first time and by quite a bit too. Gets the point every week and has the makings of a good walker should he choose to apply himself to the craft.

Results:

Women:

Div 1 5th.
Div 2 -
40+ 1st.
U/18 5th.
U/16 5th.
U/14 2nd.

Men:

Div 1 1st.
Div 2 5th.
40+ 1st. & 6th.
U/18 9th.
U/16 1st. & 10th.
U/14 1st. & 4th.

Ladders:

Women:

Div 1 5th.
Div 2 11th.
40+ 1st. & 2nd.
U/18 5th.
U/16 2nd. & 8th.
U/14 3rd.

Men:

Div 1 3rd.
Div 2 6th.
40+ 1st. & 6th.
U/18 6th.
U/16 1st. & 8th.
U/14 1st. & 4th.

Officials: Yes! Our crew were there again representing the Club and working all day for us, the athletes. **Diana Barnett, Brian Williams, Ian Fisher, Tony Williams, Judy Mason, Kevin Wigmore, Brian Moore, Matthew Webster** and **Wendy Finerty** were flying the flag this week.

National All Schools' Brisbane December 2/3/4

Nick Rosa	U/18	Pole Vault	5 th .	3.80m
Rebekah Corney	U/16	Triple Jump	7 th .	11.18m
		Long Jump	10 th .	5.20m
Rachel Barnes	U/18	2k Steeple	8 th .	8:52.56
Jessica Neale	U/16	Pole Vault	8 th .	2.30m