

**Saturday June 18<sup>th</sup>.**

**ROAD RACE**

**BALLARAT**

The weather turned out all right – it certainly could have been worse!

Perhaps the forecast deterred a few because the Club did have its worst turn up for the season. Notwithstanding, we did have some of best results with two individual medals and another win in the under 14 boys team event. Our top women's team also had a win to take them to third spot on the ladder. The 40+ men grabbed second.

Perhaps the most disappointing aspect of the day was the number of people who missed the start of their race. Unfortunately the team bus arrived just as the junior race was getting underway and three of our underage kids had to give away a start of just under six minutes. The three athletes concerned took off with intent but it is certainly the hard way to do things. **Meaghan Gaunt** put in a superlative run to finish in 15<sup>th</sup>. place – her corrected time would have placed her fourth. The fact that **Eloise** and **Lachlan Derby** decided to have a go and complete the course was terrific as this enabled Collingwood to finish teams in both the U/18 girls and U/16 boys.

There were also a number of people who were late in starting in the senior race – 15k is hard enough with out giving the field a head start!!

But back to the positives! **Ben White** continued his great form to take **first place the U/14 5k.** with a very smart 17:36. **Brother Lachie** was 4<sup>th</sup>. across the line thus giving the team a great basis. It was again 11 year old **Luke Garganis** who made up the team, with his time showing much promise for the future.

The senior women's race saw a most welcome return to the podium for **Susie Michelsson** who continues on the comeback trail. Her very strong second lap saw her pick up a couple of places to cross the line in second place. **Rachel Howden, Jane Kanizay** and **Annette Van Rooyen** all had terrific runs to help Susie give us the good result in the team's event.

**Liam Delany** had a great run to crack the top 20 with another newcomer **Campbell Maffett** putting in a real bottler. **Michael Grech** had probably had his best run for the Club getting into Divvy 2 for the first time. **Nick Denner** also put in a much improved effort which made his loyal band of supporters very happy indeed. Apart from the late starters we also had a number of runners competing under difficulty. **Jai Edmonds** and **James Kuyper** were unable to finish while **Magnus Michelsson, Tony Hally** and **Chris Waldron** all finished in less than A1 condition. Chris actually walked the last 4k to get the points – top effort that!

A couple of juniors had their first run for the season. Promising pole vaulter (and decathlete) **Nick Rosa** tried his hand over the 5k and did quite well, however **Jacob McCormack** turned quite a few heads with big PB and a 6<sup>th</sup>. placing in the U/18 event. One of our brightest prospects on the track, Jacob looks set for another great summer with such improvement in the endurance events. (Tell GWS to “Jam it!”), Jacob and stick with the running.)

## JUNIOR RESULTS

### Boy's Under 14 5k

1	<b>Ben White</b>	<b>17:36</b>
4	Lachie White	18:59
17	Luke Garganis	24:00

### Girl's Under 14 5k

*15	Meaghan Gaunt	26:39
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Team Result 1<sup>st</sup>.

### Boy's Under 16 5k

20	Jordan Minter	17:57
25	Adam Garganis	18:37
*40	Lachlan Derby	31:52

### Girl's Under 16 5k

20	Nikki White	24:39
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Team Result 6<sup>th</sup>.

### Boy's Under 18 5k

6	Jacob McCormack	16:54
22	Nick Rosa	21:34

### Girl's Under 18 5k

19	Rachel Barnes	24:31
20	Hannah Garganis	26:15
* 21	Eloise Derby	32:27

Team Result 3<sup>rd</sup>.

### Boy's Under 20 5k

20	Mason Barnes	18:03
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\* 3 athletes started approx 5:45 late

## OPEN WOMEN'S RESULTS 15k

		app 3k	app 9k	15k	
2	Susan Michelsson	9:47	32:32	55:22	
38	Rachel Howden	11:10	37:08	63:35	
51	Jane Kanizay	* 11:52	39:56	66:40	
<u>59</u>	<u>Annette Van Rooyen</u>	<u>11:50</u>	<u>40:57</u>	<u>67:46</u>	<b>Div 2 1<sup>st</sup>.</b>
71	Alison Chapman	* 11:50	40:57	69:18	
87	Frances Willmot	* 11:50	41:46	71:29	
<u>95</u>	<u>Carmel Pardy</u>	<u>13:01</u>	<u>42:42</u>	<u>72:24</u>	<b>Div 3 4<sup>th</sup>.</b>
104	Sofie Fabre	13:11	43:03	73:33	
110	Alicia Arnott	11:50	42:19	74:35	
<u>117</u>	<u>Rachel Ramsdale</u>	<u>13:58</u>	<u>44:40</u>	<u>76:01</u>	<b>Div 4 3<sup>rd</sup>.</b>
130	Amanda Green	13:55	46:00	78:23	

\* 40+ 7<sup>th</sup>.

## OPEN MEN'S RESULTS 15k

17	Liam Delany		8:48	29:16	49:43
29	Magnus Michelsson *		8:48	29:20	50:54
36	Campbell Maffett *		9:05	30:16	51:27
58 @	Simon Bevege		10:13	31:52	53:04
60	Justin Murphy		9:09	31:21	53:06
75	Malcolm Campbell		9:29	31:24	53:46 Div 1 6 <sup>th</sup> .
76	Anthony Mithen *		9:37	31:46	53:47
201	Simon Duffy		10:42	35:30	60:13
207	Thai Phan		10:50	35:44	60:45
219	Michael Grech		10:42	35:30	61:34
234	John Crameri		11:23	36:45	62:08
252 @	Tony Hally		13:23	38:40	63:40 Div 2 10 <sup>th</sup> .
258	Ken Duxbury #		10:57	37:12	64:02
265 @	Troy Kameme		13:23	38:30	64:37
269	Tony Bird #		11:16	37:44	64:42
292	Paul Wallace		11:52	39:27	67:28
300	Nick Denner	20	12:00	39:44	68:14 Div 3 11 <sup>th</sup> .
308	Peter Gaunt #		12:12	40:47	68:48
309	Josh Debinski	20	12:00	39:44	68:49
314	Jim Hopkins		12:06	40:21	69:19
343	Shane Derby		12:37	43:18	74:41
358	Paul Willmot		13:43	45:25	80:17 Div 4 9 <sup>th</sup> .
359	Chris Waldron		10:58	35:31	80:49
369	Robert Barnes		14:57	49:56	88:14
DNF	Jai Edmonds	18	9:00		
DNF	James Kuyper		11:47		

### Team Results

\* 40+ 2<sup>nd</sup>.  
# 50+ 9<sup>th</sup>.

@ Note: A number of runners missed the start – time lost unknown

**Officials:** Yes – **Rocket** was there. **Tony Williams** again was on the job working with AV to help give us all a run. Thanks to **Lyn Humphris** for getting all the times. We were able to get all the splits, unfortunately a little easier today with fewer runners in attendance.

Thanks to **Noeline Bates** for her help with the tent. The prime piece of real estate with waterside frontage was chosen carefully and acquired early. Thanks also to those who were able to help pack up. The **Barnes crew** and **Tony Hally** were in the thick of it, not for the first time.

**Afternoon Tea:** A big thank you to the **Barnes** family who provided the bulk of the goodies despite a week of upheaval due to a loss in the family. As usual there were many who chipped in to help. **Nikki White, Alison Chapman, Janette Chapman, Frances Willmot** and **Clare Garganis** all helped out. Thanks too, to anyone I've missed.