

COLLINGWOOD HARRIERS ATHLETIC CLUB

CLUB EVENTS

The Club runs four events for its members during the season.

The first of these is the Laceby Cecil 4 Mile (6.4k) Handicap. Rev. Laceby Cecil was the president of the Club back in 1926.

Starting and finishing at the overpass, the course goes 'round the loop' and is a good distance for the start of the season. We have run this event first for a number of years and is a good lead in to the cross-country relays over a similar distance, usually run two weeks later.

For the last few years the senior race has been preceded by a 2k run for the under 16s. This race, comprising two, one kilometre laps, begins and finishes on the track and goes down towards the old clubrooms before turning at the 'traffic lights'.

The Kew Camberwell 8k Handicap starts and finishes in the park 'near the bridge'. Originally called the Dight's Falls Handicap, the name was changed when the Kew Camberwell Club threw in their lot with us back in the early 2000's. This race goes over Kane's Bridge and around the 'top loop' before returning over the same course.

Regarded by many as the best the best run of the season, the Foundation Members' Memorial 7 Mile (11.2k) Handicap, is a most challenging test for all participants.

The first three kilometres are reasonably flat, the last three kilometres are reasonably flat the middle five kilometres are *not* flat. Again starting and finishing at the overpass, this course goes around the Boulevard and back onto Heidelberg Rd. near the Paper Mills. It is a very scenic route much of the way, although most athletes do not get a real chance to appreciate the view!

The junior race is a three kilometer handicap run over three laps of the course used in the senior race of the season. This will be only the second time this race has been run as a handicap as it was changed from a scratch race to give another bonus points opportunity for the Winter Points Award.

The final Club event of the season is the time honoured '5 Mile'. Run since the very early days, this is the Winter Blue Ribbon event and boasts a great list of winners. The course has changed a number of times over the years, but has always been in the Yarra Bend environment. Over the past few years we have made this somewhat of a Club Reunion, with the past winners receiving a personal invitation to participate in the 'Parade of Champions' before the presentation to the new winners. In line with this move we have made the course a three lapper to give the many spectators the chance to see the athletes a number of times during the race.

The junior race is a 2.7k event race run over just one lap of the course.

Both races have a sealed handicap which is often the decider in the Winter Points Award.