



# Track & Field Championships 2010

Sat 20th February 2010 from 5:00pm

George Knott Athletic Field, Heidelberg Rd Clifton Hill

## Events - Open to all comers. Entry is free

Time	Event	Round
5:00pm	100 yards heats*	Heat
5:15pm	Shot Put	Final
5:30pm	100 yards finals	Final
5:40pm	Pole Vault	Final
5:50pm	1 Mile	Final
6:40pm	10,000 metres**	Final
7:30pm	BBQ	Final

\* 100 yard runners are required to pre-register. Send an email to: [AnthonyWeiland@gmail.com](mailto:AnthonyWeiland@gmail.com) to register your interest.

\*\* Lap counters will be required for the 10,000. It would be great if some Collingwood members could assist. Please email [AnthonyWeiland@gmail.com](mailto:AnthonyWeiland@gmail.com) if you intend to run or lap count.

**Please note:** All non Collingwood Members are welcome, but are ineligible for the Collingwood Championships.

**Further information: [AnthonyWeiland@gmail.com](mailto:AnthonyWeiland@gmail.com) or [www.collingwoodharriers.org](http://www.collingwoodharriers.org)**